

## **INDOORS & OUT**

### **Sleep easy**

Contra Costa Times

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Here's a new product that makes interesting use of plastic bottles. **Hollander Home Fashions**, which makes one-third of all the pillows sold in the United States, has come up an eco-friendly pillow stuffed with recycled soda bottles.

Each **Natural Elements** pillow contains up to 40 bottles, processed into fill and contained inside an unbleached, non-dyed, soft-to-the-touch cotton shell.

**Hollander** officials say the pillows should make you sleep easier, both from the comfort of the pillow and in knowing that since it takes 700 years for a plastic bottle to decompose in a landfill, you're helping to improve the environment.

**Natural Elements** are available at Marshalls, T.J. Maxx and HomeGoods, and retail for \$9.99 to \$19.99.

-- Joan Morris